

Made Alive

REVIEW:

Definition of Spiritual Disciplines:

- ¹ methods of _____ and learning
- ² training that develops self-control
- ³ practices of obedience
- ⁴ efforts to _____ more intimately with God
- ⁵ voluntary systems that can produce spiritual maturity

Spiritual Disciplines:

Conscious: *Bible Study, Prayer, Serving*
Corporate: *Submit to Teaching, Worship, Giving*
Courageous: *Meditation, Fasting, Shutting out the noise*
Contrasting: *Confession, Simplicity, Sacrifice*

A Critical Key to Christianity & Spiritual Disciplines

The emphasis is not to simply do things better, harder or longer.

The goal is that our _____ changes and
our relationship with God is _____.

E _____ our old Self 4:22

We must be diligent in _____ the old mode of operation.

For we know that our old self was crucified with Him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin.
Romans 6:6

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!
2 Corinthians 5:17

... "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."
Luke 9:23

(Jesus) ... 'You must be born again.'
John 3:7

E _____ Different Attitudes 4:23

Ephesians 4:17-19

For as he thinks within himself, so he is. ... Prov. 23:7 NASB

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will.
Romans 12:2

Our thinking forms _____ that feed our emotions.

Five forms of common thinking:

- D _____; assessing image, value & judgements
Worth
- D _____; captured by interests, content, & pressures
P _____
- D _____; triggered by critical or opposing views
Love
- D _____; driven by desires, rights & comparisons
P _____
- D _____; drained by disappointments & difficulties
Hope

E _____ by God to live a new life 4:24

I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being,
Ephesians 3:16

being strengthened with all power according to His glorious might so that you may have great endurance and patience,
Colossians 1:11

There is a great freedom in _____ on God.

Optional Readings: God focuses on and knows our heart.

1 Samuel 16⁷ **1 Kings** 8³⁹ **Psalms** 19¹⁴ 26² 44²¹ 139²³
Prov. 15¹¹ 21² **Isaiah** 29¹³ **Jeremiah** 17⁹⁻¹⁰
Matthew 15⁸ **Mark** 7^{6-7 & 21-23} **Luke** 16¹⁵ **Romans** 10¹⁰